

2024

Update



Harvest USA brings the truth and mercy of Jesus Christ by helping individuals and families affected by sexual struggles and by providing resources that address biblical sexuality for individuals and churches.

A New Season Has Started

In 2023, we laid a foundation. We tilled the soil, planted seeds, watered the ground, and began to see shoots spring up. Much hard work went on behind the scenes to get us ready for 2024. And now we're starting to reap a harvest wrought through your prayers, sacrificial giving, and the Spirit-empowered efforts of our staff, volunteers, and ministry partners.

In January, we finally launched our new website, marking a new season for Harvest USA. We didn't just give our site a new look, we made significant changes that we believe will help people in myriad ways. Let me highlight three of those changes:

1. First, we launched a new platform for online courses. Historically, our seminars and lectures were only available if we visited your church in person. With limited staff, this restricted the scope of our reach. While we are committed to continuing in-person training and teaching, making these courses freely available online means that anyone, anywhere around the world, can now access a growing library of practical teaching from Harvest USA. Already, we have two complete courses available for parents seeking guidance in raising sexually faithful kids in a sexually broken world. Individuals can take these courses at their own pace, or churches can utilize them in a Sunday school or Saturday seminar. Each course has eight lectures, participant handouts, discussion questions, and recommended resources for further education. By the end of 2024, you can expect the library of courses on our website to increase.
2. Second, we have created "Starting Points" pages focusing on issues that draw people to our website.

In the past, finding resources on specific topics wasn't always intuitive. But now, right on our homepage, you'll find a list of issues like "pornography," "same sex attraction," "biblical sexuality," "gender struggles," and many more. Clicking on any of those keywords will direct you to a dedicated page with curated content on that topic. You'll find articles, books, videos, and curricula that speak to that issue along with links to other related topics. This will be especially helpful for people unfamiliar with our ministry who are coming to our site desperate for practical, biblical guidance.

3. Lastly, a website is only useful if people know about it. Sadly, the famous *Field of Dreams* adage, "If you build it, they will come," does not apply to websites. You may know the acronym "SEO" or "Search Engine Optimization." If your website doesn't appear on the first page of a Google search, it's unlikely that people will find it. But we're working with SEO experts to increase the likelihood that we show up much closer to the top of search results for relevant topics. We know people are desperate for help, and we pray that the Spirit will use these tools to draw many more hurting individuals, families, and churches to our resources.

A new website, online courses, starting point pages, and SEO are all ways we seek to be faithful stewards of God's ministry at Harvest USA. But we know that none of these things have life-changing power in and of themselves. All this effort is simply "beating the air" (1 Cor. 9:26) if God is not behind us. So please continue to pray for us. Pray that we would do all things by faith, in submission to Christ, desiring his glory and his people's good. Pray that the Lord will protect us from the enemy. And pray that as we sow seeds and water them, God will give the growth (1 Cor. 3:6).



Pray that we would do all things by faith, in submission to Christ, desiring his glory and his people's good.

WOMEN'S MINISTRY UPDATE

CAITLIN MCCAFFREY, DIRECTOR OF WOMEN'S MINISTRY

The Harvest USA women's ministry continues to boast in our weakness (2 Cor. 12:9) as we serve Christ Jesus and advance our mission to serve the church and equip God's people. We serve two primary populations of women: those who need help battling their own sexual sin and wives of men struggling with sexual integrity.

Wives are the fastest growing population among women who reach out to us for help. Our wives biblical support group, Side by Side, *consistently* has a waitlist and fills up quickly. We regularly receive inquiries for help, and, in addition to our support groups, we disciple women one-to-one over a short term (about six months).

These are a few comments I've received about Harvest USA's ministry to wives:

I feel like I am finally understanding the crux of the gospel!

This has been a refreshing way for me to engage Scripture while I process my own pain.

I don't feel alone in my painful marriage anymore.

God provided Harvest USA when I didn't know who to talk to about this. I mean, who talks about their husband's porn addiction at church?!

I hope to replicate this kind of compassionate care in my own church.

Women's ministry has not just a national but an international reach. We've served women from Africa, China, South America, and the United Kingdom—to name just a few. Our Journeyers in Grace support group is

for women seeking help and accountability for their own sexual struggles; we have a full online group and a waitlist of women who'd like to participate in a future group. Many women have continued to receive discipleship through *Sexual Sanity for Women*, which celebrated ten years since its original publication in 2013!

In 2024, we're eager to produce new resources for women in conjunction with Ellen Dykas, Director of Equipping for Ministry to Women. We hope to launch new (*free!*) video courses, books, and curricula and to continue encouraging the church through our weekly website articles. We are passionate about helping leaders know how to care for women—often forgotten in conversations around sexuality and gender.

In *Abide in Christ*, Andrew Murray describes the beauty of our Father's love to make us more fruitful for his glory. As suffering women come to us with their sins and wounds from the sins of others, I'm reminded not only of their need but of mine to remember this:

Dear Christian, in affliction abide in Christ. When you see it coming, meet it in Christ; when it is come, feel that you are more in Christ than in it, for He is nearer you than affliction ever can be; when it is passing, still abide in Him. And let the one thought of the Saviour, as He speaks of the pruning, and the one desire of the Father, as He does the pruning, be yours too: "Every branch that beareth fruit, He purgeth, that it may bring forth more fruit."

Our team is grateful for many who encourage us and support us financially. You enable us to be sent, day after day, to serve and see the Spirit bear fruit in the lives of so many hurting women. Thank you!



We are *passionate* about helping leaders know how to care for women—often forgotten in conversations around sexuality and gender.

Did You know?

fun facts about
Harvest USA and the staff

Parents from 38 different countries have downloaded our free parents' resource, *Shattered Dreams, New Hope*, in the last 12 months.

Ellen Dykas has traveled to 19 countries and flown in a six-seater plane to see Mount Everest.

There have been 13 ordained ministers (called as evangelists) on staff over the past 40 years.

Joy Worrell and her four-year-old grandson love baking together.

Caitlin McCaffrey enjoys rock climbing, both indoor and outdoor, and has completed expeditions along the west coast.

Harvest USA began as the result of a prayer meeting of officers and their wives at Tenth Presbyterian Church in Philadelphia in 1983.

Jim Barr was recently featured in an article in *The Wall Street Journal*.

The Harvest USA office has been vandalized three times.

Yohan Huh Prudente once went on a missions trip to Mongolia and did not know he was being served horse meat for lunch.

Staff have been to England, Columbia, Russia, Taiwan, South Korea, and China (twice) teaching and doing equipping seminars.

Karen Robinson fulfilled a life-long goal of parachuting out of a plane—twice!

Our wives' curriculum, *Jesus and Your Unwanted Journey*, has just been published in Chinese.

A warlock, faking a desire for help, once cast a spell on John Freeman during an initial interview.

Though she has visited five foreign countries, lived in seven states, and speaks two languages, Joan McConnell does not *really* enjoy traveling.

Around the Town, the Country, and the World...

We taught at...

Disciplemakers
Student Conference

Proclamation
Presbyterian Church

CCEF National Conference

Riverside Community Church

Crossroads
Community Church

The PCA General Assembly

Grace Pointe Church

Bible Fellowship
Pastors' Conference

Wilberforce Classical School

Briarwood
Presbyterian Church

Evangelical Presbyterian
Northeast Church

Ardsley Bible Chapel

Tenth Presbyterian Church

Chiques Church



We exhibited and had
conversations about
sexuality and the gospel at. . .

Ligonier National Conference

Sexual Integrity Leadership Summit

Association of Biblical Counselors

Colson Center National Conference

Baptist Resource Network

Covenant Brethren Pastor Conference

MEN'S MINISTRY UPDATE

YOHAN HUH PRUDENTE, DIRECTOR OF MEN'S MINISTRY

I remember John Freeman telling me an old story about Alexander the Great. Once, a soldier asked Alexander for an enormous gift for his daughter's wedding dowry. Alexander's treasurer reprimanded the man for daring to ask for such a sum, but Alexander interrupted, "No, give it to him. By asking such an outrageous amount, he honors me for being both kind and benevolent."

We Harvest USA men's ministry staff have made so many weighty requests to God that it's hard to press pen against paper and find, as wounded soldiers on the frontlines of a battlefield marred by sexual sin, words that sufficiently represent our pleas.

Nevertheless, time and again, the Lord never delayed. He never failed to impart his peace as we witnessed his kindness and benevolence abounding with each prayer. That which we deemed impossible became possible because of the faithful work of the Spirit, and that which we feared amid utter spiritual warfare became peace because of the surpassing power that belongs to God. Indeed, the Lord has fulfilled his promise, for we were not once alone.

We currently have three biblical support groups (online and in-person) for 2024, ranging from six to twenty men plus volunteers and staff leaders. These groups are working through our Harvest USA curricula: *Sexual Sanity for Men: Re-Creating Your Mind in a Crazy Culture* and *Discovery: A Biblical Support Group Curriculum for Men Pursuing Sexual Integrity*. Our goal throughout is Christlikeness (Eph. 5:1-2), to run with endurance this race set before us as a band of brothers. We hope to have the manner of our lives be worthy of the gospel of Christ (Eph. 4:1-6; Phil. 1:27), striving

together for life in the Spirit and seeking to be faithful and obedient before the Lord whose glory we magnify (Eph. 5:6-10; Jam. 2:17; Rom. 8:18-25; Phil. 3:20-21).

Moreover, **Bob Heywood**, our dear brother who—like the Apostle Paul—has fought the good fight and kept the faith (2 Tim. 4:7), retired in January after 20 years on our men's ministry staff. He is a giant of faith and has been a treasure to the ministry, a godly man helping to lay our foundation of loving and preaching the truth till the end. We pray that his gospel witness may serve as a reminder to all joining the ministry of who ultimately leads us forward: our Lord and Savior, Jesus Christ.

Please pray for us as we seek to recruit the next men's ministry staff worker. We sadly cannot serve all the men coming through our doors. We have long waitlists of people trying to connect with our support groups, and this Scripture-focused discipleship ministry demands nothing less than our hearts, dedicated time, and financial resources. Some days, it's hard to breathe easily. We need prayers to faithfully love God's people, because sin and death are the enemies we meet. We need encouragement to keep looking to Jesus when we face failure and tasks feel insurmountable. I share this to inform your prayers, dear friends.



Above all, beloved, thank you for walking side-by-side with us, supporting the ministry. For thus we live serving the King.





That which we deemed impossible became *possible* because of the faithful work of the Spirit.

New Resources!

Two New **FREE** Online Video Courses
For Parents & Churches



Raising Sexually Faithful Kids



Parenting Boys and Girls
in a Gender-Confused World

NOW AVAILABLE

Free on [Harvestusa.org](https://harvestusa.org) or
scan the QR code below.



Each course offers eight 30-minute sessions with outlines and discussion guides.

Use them:

- Individually
- In mentoring relationships with parents
- In church-wide adult education classes
- In small groups

PARENTS & FAMILY MINISTRY UPDATE

JOAN MCCONNELL, DIRECTOR OF PARENTS AND FAMILY MINISTRY

What happens when a pebble is dropped into a quiet pond?

The water's still surface is suddenly filled with outward ripples.

Think about Harvest USA's parents and family ministry like this: parents and family are the concentric circles surrounding the individual sexual struggler. Those circles include at least the parents of the struggler and perhaps grandparents, aunts, uncles, cousins, and fiancés. The journey ahead of parents and family members is probably unexpected and may be long and difficult.

Therefore, we have two goals:

- To provide undergirding support (biblical truth, fellowship, and prayer support) for parents and family who love and care about the struggler.
- To offer biblically based, practical guidelines for relating to and loving the sexual strugglers while reflecting gospel truth to them.

To this end, we offer online parents' support groups. These eight-week groups, conducted by Joan McConnell or Joy Worrell, are formed four or five times a year. They provide fellowship and prayer opportunities and work through our Harvest USA curriculum, *Shattered Dreams, New Hope* (available as a free download on our website or for purchase as a spiral-bound book in our bookstore). Joan and Joy both have backgrounds and training in ministry, and these online groups minister to approximately 150 parents and family members every year.

In 2023, parents and family staff teamed with other Harvest USA staff to be part of in-person events such as weekend seminars and pastors' conferences. Along with producing training materials, these on-site presentations help train churches to meet the needs of parents and families.

To learn more about benefiting from Harvest USA's Parents and Family Ministry, visit harvetusa.org or speak with staff at 215-482-0111.



The *journey* ahead of parents and family members is probably unexpected and may be long and difficult.

FAREWELL TO BOB HEYWOOD, A TRUSTED AND FAITHFUL SERVANT

Scott Pickering, Chief Operating Officer

On January 11, we gathered as a staff to say farewell to Bob Heywood and to honor him for his service.

We took turns sharing fond and funny memories of times with Bob and reflected on how his life has shaped our own. Bob has served here for close to 20 years, bringing the light and life of Jesus to countless men and marriages.

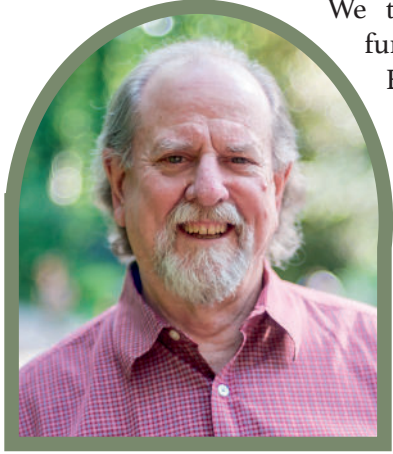
I want to share three images from that day that gesture toward the kind of impact he has had and the legacy he leaves.

1. **Praying Hands.** Some of my first memories of Bob are of him praying. My faith would grow listening to him pray. He brought his whole self to God in prayer—no pretense or rote formulas, just a child, often raw, coming to his heavenly Father for help. It was always direct, transparent, personal, and passionate.

2. **A Pounding Fist.** During my first few years at Harvest, I remember a somewhat jarring, loud pounding sound coming from Bob's cube. What was going on? Was something wrong? Was Bob angry? Well, nothing was wrong, and Bob wasn't angry. He was just making a passionate point and (literally) hammering it home with his fist. If you encountered Bob at Harvest USA, you likely heard the pounding fist. Bob was passionate about God, about the gospel, and about helping people.

3. **A Flickering Candle.** What do those struggling with sexual sin need to see? Bob believed they needed help seeing God at work in their lives. Many men frequently came lost in the darkness of their sin and shame. A small, flickering candle amid deep darkness can provide enough light to take the next step of faith. Bob believed this and would work hard to help men see the flickering candle of the Spirit's work in their lives.

It is difficult to imagine Harvest USA without Bob Heywood. We are deeply grateful for his faithful service and wish him well as he moves into the next season of his life.



Our Blogs Continue to *Touch Hearts*

Our staff puts a lot of prayer into the topics we cover in our blogs, asking that the Lord be honored and God's people drawn closer to him as a result of what we write. One blog by staff member Ellen Mary Dykas drew a heart-felt response from a parent.

Ellen Mary, thank you so much for the work that you do at Harvest USA and for the article that you wrote about the use of preferred pronouns in a recent blog. For the last three years, we have walked with our daughter through sexuality and gender issues. God has been our help, wisdom, and comfort in the struggle. What I liked about your article is that you didn't offer a 'fix,' but principles of truth and grace as we walk with our loved one.

God has led us to maintain a clear conscience before him and to love our daughter well through this hardship. But at the end of the day, she left home and refuses to talk with us. My husband lost his job and we endured two CPS (Child Protective Services) investigations simply because we couldn't use the new name and pronouns. She threatened suicide, and we spent a few nights in the hospital because of these attempts. We had to let go as a means of preserving life. As we pray for her, our heart is for other parents who are going through this. Thank you for mentioning in the article that honoring Christ may entail great suffering, persecution from the world (and even the church), and often a breach in relationship with your child. Sometimes honoring Christ means suffering in these ways. But he is faithful and will give grace for every hurt. He has done that for us!

IT'S A GOOD QUESTION. . .

WHY DOES HARVEST USA OFFER SO MANY RESOURCES AND PROVIDE INTENSIVE DISCIPLESHIP MINISTRY FOR FREE?

JAMES BARR, DIRECTOR OF MINISTRY PARTNERSHIP & STEWARDSHIP

People are often surprised to learn that Harvest USA provides life-on-life discipleship programs and many of our resources at no cost whatsoever. Why do we do this? There are three important reasons.

First, Harvest USA is not a counseling center. While most of our staff have seminary degrees in counseling (to provide relationally focused, Christ-centered mentoring), Harvest USA is an evangelistic and discipleship ministry. We intentionally minister the truth, mercy, and grace of the gospel—and the gospel message should always be without cost. Paraphrasing the words of Isaiah: “Come and take freely what you normally have to pay for” (Isa. 55:1).

We don't know whether those who come to our office seeking help are believers or non-believers. But in both cases, our goal is the same: helping them understand that only Christ can answer their life-dominating struggles and that Jesus loves the brokenhearted. You don't have to be a Christian to get help here. But if your life isn't working like you hoped, are you open to what the God of the Bible has to say? As one ministry recipient recently told us, “I may not have been a Christian when I came to Harvest USA six months ago, but I know I'm one now!”

Second, we are a life-on-life discipleship ministry. Our focus is not a system or strategy but the life-changing power of the gospel. We coordinate intensive small group interaction, but the gospel's mercy and truth are what softens hearts. We help parents understand the struggles of their teen or adult children—and how to recognize their own need for gospel grace—but God is the restorer of families. And in everything, we agree with the Apostle

Paul's admonition to the church in Corinth, “neither he who plants nor he who waters is anything, but only God who gives the growth” (1 Cor. 3:7).

Our no-cost policy extends to hundreds of staff-created blog posts and articles for men, women, and parents on our website, including four small-group curricula—one now available in Chinese. All our self-produced resources, curricula, magazines, and web-based seminar courses are available at no cost—and almost half of the downloads are from places like Taiwan, Iran, China, Norway, Zambia, Argentina, Greece, and Fiji!

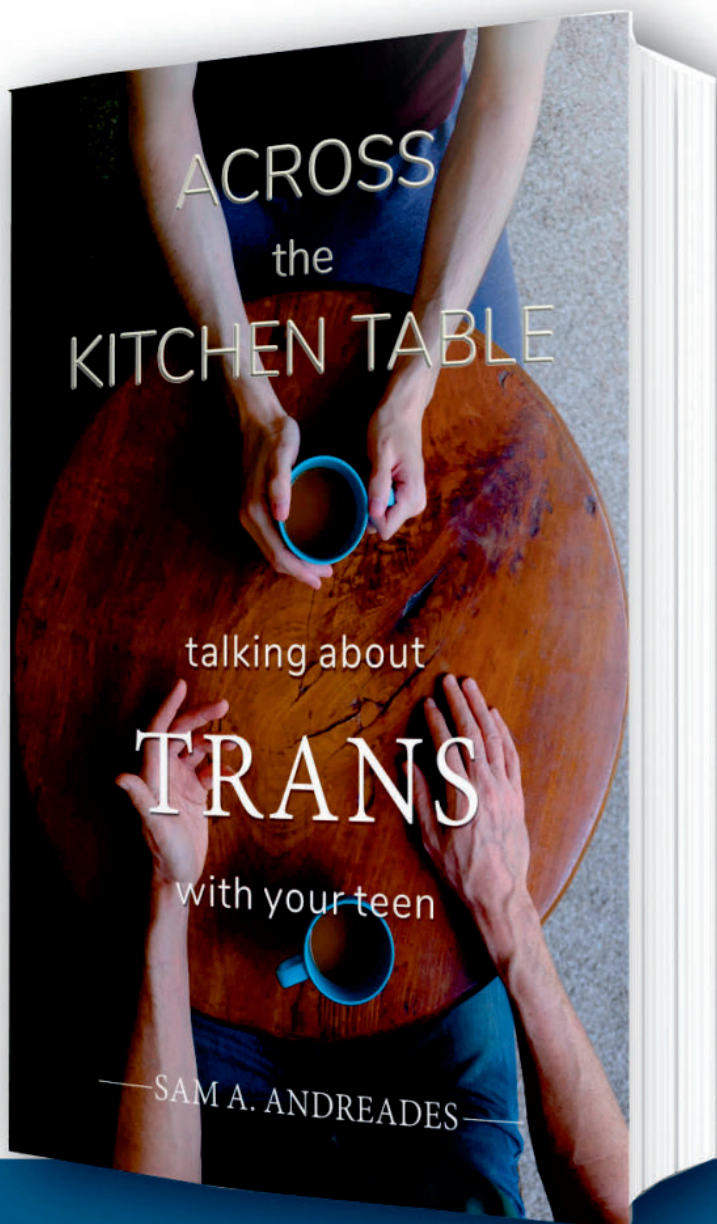
Third, Harvest USA seeks to be a ministry to and for the local church. Church leaders know that struggles with pornography, sexuality, and gender impact their members. So, our video courses, “Raising Sexually Faithful Kids” and “Parenting Boys and Girls in a Gender-Confused World,” can be streamed for *free* by parents and churches. By making our materials available at no cost, we hope more churches—big and small—will be able to find the help they need.

Whether you're an individual ministry partner or a member of a supporting church, we thank you. Your partnership helps make this possible, and we are privileged to serve alongside you. Yet, many more people need help like this. The numbers of men and women struggling with sexual brokenness (even in our churches) is staggering. The chances are pretty good that someone you know—in your neighborhood, at work, or even sitting in the same pew—needs to see how God's grace can free them from the fear and shame of sexual sin. Please intercede for Harvest USA that God's resources will be released so we can reach a wider audience as we launch into 2024.



We *intentionally* minister the truth, mercy, and grace of the gospel—and the gospel message should always be without cost.

Now Available
FROM HARVEST USA



Biblical Help Navigating the Transgender Issue

*A guide to the challenging
but necessary conversations
you need to have with your
teen today.*

“This book is meeting a huge demand. I’m just glad that I now have a go-to resource to send parents to.”

Mark Sanders, President, Harvest USA

Order at harvest-usa.myshopify.com

EQUIPPING MINISTRY UPDATE

ELLEN MARY DYKAS, DIRECTOR OF EQUIPPING FOR MINISTRY TO WOMEN

On behalf of thousands of women, their churches, and their relationships, *thank you!* Your prayers, financial support, and encouragement to me, Caitlin (Director of Women's Ministry), and our entire team allow Harvest USA to offer a gospel voice of hope, biblical wisdom, and compassion to hurting sisters in Christ worldwide.

Over the past twelve months, I've been busy *teaching, mentoring, encouraging, and equipping*. Often, my ministry weaves all four things together, so I'll share about four priority ministry engagements I've been invested in.

Mentoring Caitlin McCaffrey has been a lot more than passing a baton. I'm at home with Harvest USA's ministry vision because we seek to disciple people not first to *do* the right things, but to love and obey Jesus and to be steeped in the Scriptures. Training Caitlin has involved many hours of doing ministry together and discussing heartbreaking scenarios and theological application. However, woven into this is a desire to nurture her heart in Jesus. She is the next-gen leader for our women's ministry, and it has been a joy to be part of her ministry story.

Then, teaching and training! My priority task from September 2023 to January 2024 was to assist President Mark Sanders in writing and recording our two new video courses for parents. Now that these are done, I turn the corner to begin writing and planning new video courses for ministry to women. It is a deep privilege to care for women and be a voice for the daughters of God.

I delight to teach on behalf of Harvest USA, and, in 2023, I was able to do this at the Association of Biblical Counselors "Called to Counsel" national conference (Sexuality and Gender track), the PCA General Assembly (*Compassionate Discipleship for Christians Who Struggle with Sexuality and*

Gender), and the CCEF National Conference on Trauma (*Betrayal Trauma: Understanding the Impact of Marital Infidelity*).

Another responsibility I have that you may not know about is overseeing our blog. I describe this as being both the air traffic controller and a pilot—while I am on the writing team, I also provide guidance on what content we'll produce and how we approach any given topic. Here's a quick description of the process from the birth of an idea to a full blog article published on our website:

1. Writing team members are assigned dates for submitting a blog. They may be given a specific topic or have freedom to put words on what they are learning in ministry and from God's Word. We always want our blogs to be Christ-centered, Bible-rich, and provide gospel application to issues of sexuality and gender.
2. Next, the author writes (sometimes agonizing over words, sentences, how to articulate ideas, and so on—as any writer knows!).
3. The blog is submitted and goes through our editorial review, which includes professional editing and a two-step theological and "heart of Harvest USA" review.

Please pray for our ministry of writing as we get clicks from all over the world.

As I look to the fall of 2024 and spring of 2025, I'm excited to prepare for my teaching role in the PCA "Made for More Conferences" for girls and women 10 years old and older. These events will be held all over the United States. If you're able to come to one, please stop by our exhibit table and say "hi!"



It is a deep *privilege* to care for women and be a voice for the daughters of God.

Please enjoy these *encouraging* notes from ministry supporters and friends...

“Thank you for all you do. It’s all so much needed in our day. Please send me additional copies of your ministry magazine, so that I can pass them around. I gave mine to my pastor!”

Lavonne in PA



“Keep it up! The people of our church, All Saints Church, stand with you all even as we walk apart from many, if not most, in our own branch of the church.”

Pastor Rick in PA

“I really appreciate you sending me the links to all Harvest USA’s new free electronic resources for churches and church leadership. God bless you in your ministry.”

Pastor Rupert in NC

“Please use this gift where it is most needed. We are amazed at the wonderful opportunities the Lord is opening up for you and how he uses your staff to help hurting people around the country and the world.”

Connie in MN

“I read your blogs and articles. There is a distinct quality in the resources which come from Harvest USA. I appreciate the strong adherence to God’s Word and the clear message of compassion and mercy that is proclaimed through you.”

Judy in SC

Your generous support of Harvest USA enables the truth and mercy of the gospel to come alive in countless hearts and lives. Thank you to all our ministry partners!

The prayers of God’s people have kept us here, providing help and support, for 40 years!

Thank you for praying for...

- two to three new women’s ministry video courses we’re planning, along with new resources now in the pipeline;
- behind the scenes staff Irene Maguire, Jeffrey Minnis, Karen Robinson, and Scott Pickering, whose work keeps the ministry running smoothly;
- our staff and Board to stay close to Jesus as they lead and minister out of their own brokenness and dependence on Christ;
- ministry staff raising personal support: Yohan Huh Prudente, Keith Seary, and Caitlin McCaffrey (Yohan asks that he remain faithful before the Lord, pressing on toward the upward call in Christ and Caitlin asks that God give comfort, strength, and humility to the women in the *Journeyers in Grace* and *Side by Side* support groups.);
- the development of focused curricula, videos, and other resources for parents and families of sexual strugglers;
- the Lord to bring us four additional (much-needed) ministry program staff;
- Ellen Mary Dykas, who will be one of the keynote speakers at six national women’s conferences for the PCA over the next two years;
- the Lord to use our two new (free!) online video courses, and our wives’ curriculum recently translated into Chinese, for his glory.

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